

Home Group Reading for June 23-30, 2024

“My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry” James 1:19

“Do unto others as you would have them do unto you” - Jesus

Excerpts

“Better to be silent and thought a fool than to speak up and remove all doubt”

“Being SLOW to listen and QUICK to speak is directly counter to the way of Jesus because it PUSHES people away, rather than brings them together.” -Steve Bill

Reflection Questions

1. On a scale of 1-10, how would you rate your quick to listen skills?
2. On a scale of 1-10, how would you rate your slow to speak tendency?
3. Reflect on a time when you felt truly heard and understood. How did that experience impact your relationship with the other person?
4. How can you practice being "quick to listen" in your daily interactions this week? What steps can you take to ensure you are truly listening?
5. Try the breathing exercise: breathe in "quick to listen" and breathe out "slow to speak." How did this exercise make you feel? Could it be useful in real-life situations?
6. For parents, discuss the challenges of listening to your children. How can you apply the principle of "quick to listen, slow to speak" in your parenting?
7. In what ways can practicing better listening improve our church community and relationships within it?
8. In what areas of society can practicing better listening improve our church community and relationships outside it?
9. Can you think of a recent conflict with someone that didn't end well that you can share with the group? How might being "quick to listen and slow to speak" have changed the outcome?